

My experience in Barcelona

Martyn Sibley is a reference blogger in the #disability field because he is a #travel lover despite his Spinal Muscular Atrophy disease. He talks about his experience in Barcelona and his collaboration with the programme Barcelona Sustainable Tourism by Turisme de Barcelona and the Catalan Tourist Board.

At the beginning of December last year I was in the beautiful city of Barcelona. It was the 4th of December to be precise - The United Nations International Day for disabled people. I was visiting as a speaker at an accessible tourism conference.

The conference was a great success. People came from hotels, transport and attractions to learn about selling their services to disabled people. I shared my experiences of travelling the world in a wheelchair. Everyone looked happy from the day and headed off to implement their ideas.

My fiancé and I decided to stay longer in Barcelona and do some amazing Catalan tourism. We visited the amazing Cosmo Caixa science museum. It was really good fun and totally accessible for me everywhere. We also enjoyed long walks by the beach, with delicious food and drink.

Following a chance meeting with Javier from Barcelona Special Traveller we were invited to try out adapted skiing. The taxi collected us from our brilliant accommodation at MIC Sant Jordi and we headed for La Molina mountains. Just two hours drive away.



Vídeo de la experiencia de Martyn Sibley en La Molina: https://www.youtube.com/watch?v=YU_2emmJYCA

I arrived a little nervous but mostly excited. After an introduction I put on the protective clothing and was lifted into the sit ski. After some help getting comfortable and safe we hit the slopes!

It was so cool! I've never gone so far without an engine. My instructor from Train and Play guided me, and my adrenaline, all the way to the top of the mountain and down again. I had so much fun and would recommend this activity to everyone.



Best wishes,

Martyn Sibley

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